

MARCH 2021

Updated 2.16.2021

Breakfast and Lunch Menus

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Menu Subject	BREAKFAST Super Bakery Bread Slice	Big Cereal Bowl	3 BREAKFAST Yogurt & Grahams	4 BREAKFAST Muffin & Grahams	5 BREAKFAST Cereal Bar & Cheese	6 BREAKFAST Glazed Donut
to Change.	LUNCH Cheeseburger Potato wedges	Animal Nuggets Animal Crackers Green Peas	LUNCH Seasoned Beef Steak Sub Potato Smiles	Luncн Turkey Sandwich Green Beans	LUNCH Mac N Cheese with Breadstick Carrots	Lunch Wild Mike's Pizza
7 BREAKFAST Poparts LUNCH Sun Jammer &	8 NATIONAL BREAKFAST Cinnamon Toast Crunch Breakfast Bar LUNCH Turkey Sausage, French Toast Sticks w/	kernels LUNCH Mini-Pancakes & Omelet	10 BREAKFAST BREAKFAST Muffin & Cheese LUNCH Chicken and Funnel Fries	11 WEEK BREAKFAST Yogurt & Grahams LUNCH Egg, Potato, Cheese & Turkey Ham Skillet w/ Cinnamon Roll	BREAKFAST Big Cereal Bowl LUNCH Cheesy Egg Patty on a Croissant	BREAKFAST Fruit Frudel LUNCH Tony's Pizza
Cheese 14 BREAKFAST Mini-Bagels w/ Cream Cheese LUNCH Cheeseburger Slides	Hash Brown Rounds 15 BREAKFAST Mini-Waffles LUNCH Mozzarella Sticks w/ Marinara Emoji Potatoes	16 BREAKFAST Cereal Bar & Cheese LUNCH Beef Hotdog Fiesta Beans	Grape Tomatoes 17 BREAKFAST Big Lucky Charms Bowl Lunch BBQ Rib Patty Granny Smith Apples Green Beans	18 BREAKFAST Yogurt & Grahams LUNCH Build Your Own Turkey Salad w/ Breadstick	Carrots 19 BREAKFAST Cereal Bar w/ Sunflower kernels LUNCH Double Stuffed Crust Cheese Pizza Carrots	20 BREAKFAST Poptarts LUNCH Grilled Cheese
21 BREAKFAST Glazed Donut LUNCH Turkey & Cheese Hoagie	22 BREAKFAST Cinnamon Roll LUNCH Southwest Chicken Quesadilla Broccoli	23 BREAKFAST Yogurt & Grahams LUNCH Pizza Crunchers Grape Tomatoes	24 BREAKFAST Big Cereal Bowl LUNCH Mini-Chicken Corn Dogs Green Salad	25 BREAKFAST Oatmeal & Cheese LUNCH Chicken Parmesan w/ Breadstick Carrots	26 BREAKFAST Cereal Bar & Grahams LUNCH Tony's Pizza Carrots	SPRING BREAK STARTS- No Meal Distribution
28	SPRING BREAK No Meal Distribution	30	Cereal bowl & Cereal bar choices may vary by location Fruits & vegetables served daily	Milk Choices - White - Chocolate *Offered daily at both meals*	Menu Questions? Call Christine Cliff, U-46 District Dietitian, at (847) 888-5000 x5034	Visit U46 Food & Nutrition at https://www.u- 46.org/Domain/6445

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